

# Barbauchlaw Medical Practice Spring Newsletter 2026

We are delighted to share some positive updates from the practice.

Firstly, a very warm welcome to the newest members of our team. We are pleased to have two new Salaried General Practitioner's Dr A Laeeq and Dr O Osisanya, a new Practice Nurse, C Doyle as well as new members of our admin team, Hazel, Megan and Gina. They each bring valuable skills and experience, and we are excited to have them on board.

We would like to acknowledge the departure of two of our doctors, Dr Clare McLay and Dr Robin Ramsay. We are grateful for their contributions and wish them all the very best.

We are also proud to introduce a new apprentice program for our admin team. Two of our admin team will be training to become Health Care Assistants over the next few months. We are very proud of them and excited to support them on this journey.

## **PUBLIC HOLIDAYS**

Friday 3rd April – Good Friday  
Monday 6th April – Easter Monday  
Monday 4th May - May Day

**The GP practice is closed on all public holidays so please ensure that you have enough medication to last you during these closures. If you require medical attention when the practice is closed, please contact NHS24 on 111**

## **Working with Your Local Pharmacy**

We were delighted to meet Michael, Pharmacist from Blackridge Pharmacy last week. He is able, through **Pharmacy First Plus**, to assess and treat common conditions including infections such as ear, throat, chest, and skin, UTIs, eczema.... and a lot more! This service includes assessing and examining patients and being able to provide management such as antibiotics. Please pop in and speak to him and if he is unable to manage your condition, he is able to speak to the practice on your behalf.

**Pharmacy First** services are also available at several pharmacies across our area, meaning patients are able to receive timely advice and treatment without needing a GP appointment.

## Meet the Wider Practice Team

We have a Mental Health team, working at both sites, who are able to offer counselling, emotional support, as well as management including medication advice.

We also work closely with our MSK Specialists, known as Advanced Physiotherapy Practitioners, whose role is to assess musculoskeletal problems, arrange imaging/investigations if required and provide management plans including through exercises, injections or discuss with Orthopaedics if required.

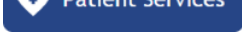
We have an Immunisation Team attending Blackridge Practice. If your baby is due vaccinations, please contact the team or speak to your Health Visitor if you are unsure.

## Self referral to other Services

- ★ Physiotherapy - <https://services.nhsllothian.scot/musculoskeletal/west-lothian/>
- ★ Podiatry, (ingrown toenails, corns, calluses, foot pain, or other foot-related concerns) : <https://services.nhsllothian.scot/podiatry/podiatry-community-service-self-referral-form-270623-v1/>
- ★ NHS Travel clinics: <https://services.nhsllothian.scot/travelclinics/>
- ★ Care equipment for at home: [Care equipment and adapting your home - mygov.scot](https://www.mygov.scot/care-equipment)
- ★ West Lothian Community Wellbeing Hubs: contact: 01506 524408

## Prescriptions

We aim to process **repeat prescriptions** within **3 working days**, please support us with this by ordering in good time and allowing ideally a 7-day window.

Please remember that you can register for our **online service**  If you have access to a computer or tablet, this is the quickest and easiest way for you to order your medication. You can pick up a registration form from our Reception Desk or from our website ([barbauchlawmp.com](http://barbauchlawmp.com)).

## Thank You

Thank you for your continued support. Our patients and the community mean everything to us and we will continue to work on improving our service.

## The Barbauchlaw Medical Team

Finally, do you have any suggestions for items you would like to be included in the newsletter? We appreciate any contact, whether you like something or whether you have suggestions for change – drop a note to the Practice Manager, Deborah Clarkson